

WAIS Cycling Athlete Selection Guidelines, Criteria and Process



WESTERN AUSTRALIAN INSTITUTE *of* SPORT

1. BACKGROUND

- 1.1. The WAIS Cycling Sport Program performs a key role in the AusCycling national performance pathway, preparing identified (Emerging to Podium Potential) athletes in Olympic / Paralympic disciplines for national and international success in line with the program structure in Western Australia. The goals of WAIS Scholarship programs are to:
 - 1.1.1. Progress nationally identified riders to AusCycling national training centres and UCI ProTeams (or equivalent);
 - 1.1.2. Maximise WA representation on the Australian team at the Olympic, Paralympic and Commonwealth Games or Senior World Championships; and
 - 1.1.3. Maximise the WA contribution to Australian podium performances .

2. APPLICATION

- 2.1. This Policy applies to current, former and prospective athletes in relation to their selection and deselection from the WAIS Cycling program.

3. TERMS USED

In this Policy:

Athlete means current, former and prospective athletes in relation to their selection and deselection from the WAIS Cycling program;

Eligible Athlete means an Athlete who is eligible under clause 4 of the WAIS Athlete Categorisation, Selection and Deselection Policy;

Selection means selection for a scholarship in the WAIS Cycling program; and

WAIS means The Western Australian Institute of Sport Incorporated.

4. ATHLETE CATEGORIES

- 4.1. The Athletes will be classified into the categories in the table set out in Appendix 1.

5. NOMINATION

- 5.1. In addition to the criteria set out in clause 4 of the WAIS Athlete Categorisation, Selection and Deselection Policy, to qualify for nomination for Selection, an Eligible Athlete must:
 - a) be eligible to qualify for the Australian team at the Olympic, Paralympic, Commonwealth Games or Senior World Championships; and
 - b) have successfully competed in AusCycling and/or Union Cycliste International (UCI) sanctioned events.

6. SCHOLARSHIP YEAR

- 6.1. WAIS Cycling sport program scholarships generally commence on 1 January and end on 31 December.
- 6.2. The selection panel may, at its absolute discretion, recommend a scholarship for part of the scholarship year in 6.1 or for some other period if:
 - a) the Athlete is relocating from interstate and is nationally categorised; or
 - b) for any other sufficient reason.
- 6.3. Where the selection panel exercises its discretion under 6.2, it must provide its reasons for doing so to the CEO.

7. SCHOLARSHIP TYPE

7.1. Eligible Athletes may be selected for one of the following scholarships:

a) WAIS Cycling Sport Program Scholarship

The scholarship holder is coached by a WAIS employed Cycling coach and can access performance services, travel and medical assistance in line with the athlete's categorisation and the WAIS athlete benefits policy.

b) WAIS Individual Athlete Support (IAS) Cycling Scholarship

The scholarship holder does not train in a WAIS Sport Program Daily Training Environment with a WAIS Cycling coach. They are offered Cycling coach fee relief, performance services, travel and medical assistance in line with the athlete's categorisation and the WAIS athlete benefits policy.

8. SELECTION AND DESELECTION PANEL

8.1. Recommendations to the WAIS Chief Executive Officer in relation to selection and deselection under this Policy will be made by a selection panel made up of:

- a) the WAIS Performance Team Director - Pathway as Chair; and
- b) the AusCycling Director of Pathway (Emerging & Developing - or proxy), and AusCycling Executive General Manager Performance (Podium - or proxy).

9. DESELECTION

9.1. An Athlete may be nominated for deselection by:

- a) themselves for any reason;
- b) their coach, if in the coach's opinion, the Athlete's performance, conduct, commitment and/or potential to achieve the program's objectives are not meeting the applicable general and individual targets; or
- c) WAIS, if in its opinion, the Athlete has engaged in conduct that breaches the Athlete Terms & Conditions and/or WAIS' policies and procedures.

10. ATHLETE SUCCESS FACTORS

10.1. The selection panel under section 8 will assess nominated Athletes for selection or deselection against the following criteria:

- a) national sporting organisation criteria - [AusCycling Athlete Categorisation and Performance Standards](#);
- b) past competition performance ;
- c) health, fitness and injury status;
- d) potential to progress performance to senior international standards and/or factors identified in the Individual Athlete Performance Plan;
- e) any individual targets contained in an applicable performance plan;
- f) the athlete's attitude and conduct in accordance with expectations set out in the Athlete Terms & Conditions, the Athlete Code of Conduct and behaviours exemplifying the guiding principles of elite athlete conduct as per the WAIS Athlete Performance Management Policy; and

10.2. Satisfaction of the criteria above does not automatically guarantee that the Athlete's nomination will be successful.

11. NOTIFICATION OF OUTCOME

11.1. The selection panel will provide their recommendation to the CEO as to whether each nominated Athlete should be selected or deselected (as applicable).

11.2. The CEO will notify the Athlete, in writing, of the outcome of their nomination for selection or deselection.

12. APPEAL

12.1. An Athlete may lodge an appeal against the outcome of their nomination for selection or deselection by written application to the CEO.

12.2. An appeal under this clause must be lodged within 7 days of the date of the written notification under clause 11.1.

12.3. The Athlete's written application for an appeal must include details of the reasons why the Athlete disagrees with the outcome of their nomination for selection or deselection and any supporting documentation.

12.4. The CEO will appoint the decision maker for the appeal. The appeal may be decided by either the CEO or a WAIS Performance Team Director not involved in the decision being appealed.

12.5. The person appointed to decide the appeal under 12.4 will advise the Athlete of the outcome of their appeal in writing.

12.6. The person appointed to decide the appeal under 12.4 may, at his or her absolute discretion:

- a) confirm or change the outcome of the selection or deselection decision; or
- b) remit the matter back to the selection panel for reconsideration with any specific directions he or she thinks necessary.

12.7. To avoid doubt, any failure of the selection panel to comply with the procedure set out in this Policy will not, in and of itself, mean that the outcome of the selection or deselection decision should be changed.

13. CHANGES TO THIS POLICY

13.1. WAIS may review this Policy periodically and reserves the right to adjust, remove or amend this Policy at its discretion at any time.

14. REVIEW AND REVISION

This policy, and all related appendices, will be reviewed as it is deemed appropriate.

Policy review will be undertaken by the WAIS Performance Team Director - Pathway and any revisions approved by the Performance Planning and Management Group (PPMG).

Revision History

Date	Version	Reviewed by	Changes made
18 October 2023	n/a	PTD - Pathway	Policy updated

Printed copies of this document may not be up to date. Ensure you have the latest version before using this document.

APPENDIX 1

*Athlete results must be in Olympic or Paralympic disciplines / events.

Podium Pathway Category	Description	National Representation Category	Description
Podium	Athlete who has won a medal at an Olympic /Paralympic Games, World Championships or agreed BME in the previous 24 months and is considered capable to win a medal at the next Olympic/Paralympic Games.	International	Athlete who does not satisfy any of the Podium Pathway category criteria but has earned selection for the national senior team or squad preparing for the NSOs benchmark event.
Podium Ready	Athlete who has placed 4-8th at the most recent Olympic/Paralympic Games, World Championships or agreed BME. Athlete must be considered capable of progressing to PODIUM categorisation and targeting a medal at the next Olympic/Paralympic Games.		
Podium Potential	Athlete has achieved AusCycling performance benchmarks which, alongside international competition performances, reliably indicate their future potential for podium success. Athlete must be considered capable of progressing to at least PODIUM READY categorisation within the next three years.		
Developing	Athlete has progressed through a reliable talent confirmation phase and placed within a dedicated national development program. Athlete must be considered capable of progressing to at least PODIUM POTENTIAL level within the next two years.		
Emerging	Athlete has been identified by AusCycling via a valid and reliable TID profiling method and are going through a set, time-limited talent confirmation period. Athlete must be considered capable of progressing to DEVELOPING categorisation within the next three years.		

APPENDIX 2

AusCycling Athlete Categorisation & Standards

Athlete results must be in Olympic or Paralympic disciplines / events

BME refers to UCI Elite World Championships, Olympic or Paralympic Games.

TRACK ENDURANCE			
CATEGORY	COMPETITION PERFORMANCE		
Podium Potential	Consistent Top 10 results at most recent UCI and World Cup events. Significant contributing role in a Team Pursuit with the following performance times		
	Track Endurance Event Times		
		Male	Female
		min/pref	min/pref
	TP	<3:55/3:53	<4:22/4:19
	IP	<4:21/4:19	<3:37/3:35
	Kilo	<1:03	<1:10
	Note: consideration to be given to position in team (ie. starter)		
Developing	Results at most recent Elite UCI Category, Oceania Championships and/or National Championships that demonstrate a potential for elite podium performance within six years. Significant contributing role in a Team Pursuit with the following performance times.		
	Track Endurance Event Times		
		Male	Female
		min/pref	min/pref
	TP	<4:02/3:59	<4:31/4:28
	IP	<4:26/4:22	<3:42/3:40
	Kilo	<1:06	-
	Note: consideration to be given to position in team (ie. starter)		
Emerging	Consistent results at Oceania Championships and/or National Championships that demonstrate potential for podium performance within eight years. Meets or exceed the following performance times		
	Measure	Male	Female
		min/pref	min/pref
	U17 IP yr1	2:22/2:20	2:38/2:36
	U17 IP yr2	2:20/2:16	2:36/2:32
	U19 IP yr1	3:22/3:20	2:28/2:26
	U19 IP yr2	3:20/3:16	2:26/2:24

ROAD	
CATEGORY	COMPETITION PERFORMANCE
Podium Potential	<p>Has completed 1 of the following in the last 12 months AND hasn't exceeded 6 years since first World tour event:</p> <p>9th-15th at most recent BME 6th-10th Elite World Tour 1 day event Top 5 U23 World Championships</p> <p>Discretion for TT results within Tours (minimum 10km F/15km M in line with Worlds selection)</p>
Developing	<p>Men and Women, standout results at UCI events; winning in 1.1/2.1 or higher and may include:</p> <p>Men: 1st elite Oceania Champs or National U23 Champs, NRS events Women: 1st elite Oceania Champs or Top 12 National Elite Champs, NRS events</p>
Emerging	<p>Athletes demonstrate potential for elite podium performance within 6-8 years.</p> <p>Men and Women, standout results at UCI U19 events; Top 10 in NC or 1.1/2.1 or higher, taking into consideration time behind winner and may include:</p> <p>Top 3 U19 Oceania Championships Top 3 U19 National Championships</p>

PARA MALE ENDURANCE CYCLING																																																																												
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Podium	<p>Medal result at BME in previous 24 months. The following performance times* are estimates of this standard.</p> <table border="1"> <thead> <tr> <th colspan="3">ROAD</th> <th colspan="2">TRACK</th> </tr> <tr> <th></th> <th>Avg dist (km)</th> <th>Flat course avg speed (km/h)</th> <th>Distance (km)</th> <th>IP time (m)</th> </tr> </thead> <tbody> <tr> <td>B</td> <td>28</td> <td>51.1</td> <td>4</td> <td>4::07.3</td> </tr> <tr> <td>C5</td> <td>25</td> <td>46.5</td> <td>4</td> <td>4:28.8</td> </tr> <tr> <td>C4</td> <td>25</td> <td>45.5</td> <td>4</td> <td>4:35.7</td> </tr> <tr> <td>C3</td> <td>25</td> <td>43.5</td> <td>3</td> <td>3:27.6</td> </tr> <tr> <td>C2</td> <td>20</td> <td>43.0</td> <td>3</td> <td>3:35.5</td> </tr> <tr> <td>C1</td> <td>20</td> <td>40.0</td> <td>3</td> <td>3:50.1</td> </tr> <tr> <td>H5</td> <td>19</td> <td>39.5</td> <td></td> <td></td> </tr> <tr> <td>H4</td> <td>18</td> <td>41.5</td> <td></td> <td></td> </tr> <tr> <td>H3</td> <td>18</td> <td>37.6</td> <td></td> <td></td> </tr> <tr> <td>H2</td> <td>17</td> <td>35.7</td> <td></td> <td></td> </tr> <tr> <td>H1</td> <td>14</td> <td>26.0</td> <td></td> <td></td> </tr> <tr> <td>T2</td> <td>15</td> <td>39.1</td> <td></td> <td></td> </tr> <tr> <td>T1</td> <td>12</td> <td>34.4</td> <td></td> <td></td> </tr> </tbody> </table>	ROAD			TRACK			Avg dist (km)	Flat course avg speed (km/h)	Distance (km)	IP time (m)	B	28	51.1	4	4::07.3	C5	25	46.5	4	4:28.8	C4	25	45.5	4	4:35.7	C3	25	43.5	3	3:27.6	C2	20	43.0	3	3:35.5	C1	20	40.0	3	3:50.1	H5	19	39.5			H4	18	41.5			H3	18	37.6			H2	17	35.7			H1	14	26.0			T2	15	39.1			T1	12	34.4		
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Podium Ready	4th-6th performances at most recent BME OR the performance of equivalent or faster times* in the previous 12 months as follows:				
	ROAD			TRACK	
		Avg dist (km)	Flat course avg speed (km/h)	Distance (km)	IP time (m)
	B	28	49.5	4	4:10.9
	C5	25	45.0	4	4:34.2
	C4	25	44.3	4	4:38.8
	C3	20	44.3	3	3:33.7
	C2	20	41.7	3	3:41.9
	C1	20	37.4	3	3:52.8
	H5	18	38.1		
	H4	18	40.0		
	H3	18	37.2		
	H2	15	31.4		
	H1	15	23.7		
T2	15	35.5			
T1	12	30.7			
Podium Potential	Consideration against the following performance times*.				
	ROAD			TRACK	
		Avg dist (km)	Flat course avg speed (km/h)	Distance (km)	IP time (m)
	B	28	45.7	4	4:23.6
	C5	25	43.7	4	4:46.2
	C4	25	40.7	4	5:01.4
	C3	25	40.2	3	3:43.7
	C2	20	38.8	3	3:52.0
	C1	20	37.1	3	4:04.7
	H5	19	38.8		
	H4	18	38.8		
	H3	18	37.1		
	H2	17	32.3		
	H1	14	23.6		
T2	15	32.4			
T1	12	28.1			
Developing	AusCycling does not offer categorisation at this level. WAIS may offer support on a case-by-case basis for athletes progressing towards Podium Potential categorisation standards.				

*environmentally corrected



PARA FEMALE ENDURANCE CYCLING

CATEGORY	COMPETITION PERFORMANCE				
Podium	Medal result at BME in previous 24 months. The following performance times* are estimates of this standard.				
	ROAD			TRACK	
		Avg dist (km)	Flat course avg speed (km/h)	Distance (km)	IP time (m)
	B	25	43.1	3	3:29.2
	C5	20	41.1	3	3:43.8
	C4	20	39.8	3	3:49.0
	C3	18	39.0	3	3:58.4
	C2	18	37.0	3	3:58.4
	C1	18	35.6	3	3:58.4
	H5	17	38.3		
	H4	17	38.3		
	H3	17	32.6		
	H2	15	27.9		
	H1	15	20.0		
T2	15	30.5			
T1	12	26.3			
Podium Ready	4th-6th performances at most recent BME OR the performance of equivalent or faster times* in the previous 12 months as follows:				
	ROAD			TRACK	
		Avg dist (km)	Flat course avg speed (km/h)	Distance (km)	IP time (m)
	B	25	40.6	3	3:35.2
	C5	20	38.7	3	3:35.2
	C4	20	37.7	3	3:57.0
	C3	18	37.8	3	4:03.4
	C2	18	36.4	3	4:03.4
	C1	18	34.9	3	4:03.4
	H5	17	37.5		
	H4	17	37.5		
	H3	17	31.0		
	H2	15	26.6		
	H1	15	19.0		
T2	15	29.2			
T1	12	24.6			



Podium Potential	Consideration against the following performance times*.				
	ROAD			TRACK	
		Avg dist (km)	Flat course avg speed (km/h)	Distance (km)	IP time (m)
	B	25	38.9	3	3:41.3
	C5	20	36.7	3	4:03.7
	C4	20	34.5 (35.6)	3	4:07.8
	C3	18	34.2 (35.1)	3	4:23.3
	C2	18	33.0	3	4:23.3
	C1	18	27.8	3	4:23.3
	H5	17	29.9		
	H4	17	30.0		
	H3	17	31.2		
	H2	15	19.9		
	H1	15	12.4		
T2	15	28.5			
T1	12	23.0			
Developing	AusCycling does not offer categorisation at this level. WAIS may offer support on a case-by-case basis for athletes progressing towards Podium Potential categorisation standards.				

*environmentally corrected

TRACK SPRINT					
CATEGORY	COMPETITION PERFORMANCE				
Podium Potential	Consistent Top 4 results at Oceania Champs and/or UCI World Cup events with the following performance times*:				
	Track Sprint Event Times (s)				
	Event	Men	Gears**	Women	Gears**
	200TT	<9.70	112-125"	<10.75	110-120"
S125 (Gate)	<10.70	>98"	<11.60	>94"	
S125 (Blue)	<10.80	>106"	<11.9	>100"	
Developing	Consistent results at most recent Oceania Championships and/or National Champs that demonstrate potential for elite podium performance within five years of Olympic events.				
	Year 1				
	Event	Men	Gears**	Women	Gears**
	200TT	<10.40	94-98"	<11.40	94-98"
S125 (Gate)	<10.90	>94"	<12.10	>92"	
S125 (Blue)	<11.30	>102"	<12.20	>96"	

	Year 2				
	Event	Men	Gears**	Women	Gears**
	200TT	<10.10	100-108"	<11.10	100-108"
	S125 (Gate)	<10.90	>96"	<11.80	>92"
	S125 (Blue)	<11.20	>104"	<12.00	>98"
	Year 3+				
	Event	Men	Gears**	Women	Gears**
	200TT	<9.80	112-125"	<10.90	110-120"
	S125 (Gate)	<10.80	>98"	<11.60	>94"
	S125 (Blue)	<11.10	>106"	<11.90	>100"
Emerging	Year 1				
	Event	Men	Gears**	Women	Gears**
	200TT	<11.20	90-94"	<12.20	90-94"
	S125 (Gate)	<11.50	>90"	<12.60	>90"
	Year 2				
	Event	Men	Gears**	Women	Gears**
	200TT	<10.80	94-96"	<11.80	94-96"
	S125 (Gate)	<11.30	>92"	<12.50	>90"
	S125 (Blue)	<11.30	>96"	<12.50	>94"

*environmentally corrected

**preferred range of gears

PARA MALE & FEMALE TRACK SPRINT		
CATEGORY	COMPETITION PERFORMANCE	
Podium	Medal result at BME* in previous 24 months. The following performance times** are estimates of this standard.	
	Men	Women
	1km (s)	1km or 500m (s)
	B 1:01.3	1:08.7
	C5 1:04.2	37.4
	C4 1:05.8	39.0
	C3 1:06.5	37.8
	C2 1:10.8	40.9
C1 1:11.1	41.1	

Podium Ready	4th-6th performances at most recent BME* OR the performance of equivalent or faster times** in the previous 12 months as follows:		
		Men	Women
		1km (s)	1km or 500m (s)
	B	1:02.0	1:11.6
	C5	1:05.0	38.2
	C4	1:07.2	40.0
	C3	1:07.0	39.7
Podium Potential	Consideration against the following performance times**		
		Men	Women
		1km (s)	1km or 500m (s)
	B	1:04.5	
	C5	1:08.3	39.7
	C4	1:11.3	41.2
	C3	1:12.6	43.9
Developing	AusCycling does not offer categorisation at this level. WAIS may offer support on a case-by-case basis for athletes progressing towards Podium Potential categorisation standards.		
		Men	Women
		1km (s)	1km or 500m (s)
	B	1:04.5	
	C5	1:08.3	39.7
	C4	1:11.3	41.2
	C3	1:12.6	43.9
	C2	1:17.3	47.0
	C1	1:20.7	46.2

*environmentally corrected

BMX FREESTYLE				
Category	Male		Female	
	Amateur category	Elite category	Amateur category	Elite category
Podium Potential	N/A	Top 4 at most recent National Championships with a run that would be in top 50% at avg World Cup	N/A	Top 4 at most recent National Championships with a run that would be in top 50% at avg World Cup
Developing	N/A	Top 6 at most recent National Championships while <21 years old	N/A	Top 2 at most recent National Championships while <21 years old
Emerging	Top 3 at most recent National Championships while <19 years old	Top 10 at most recent National Championships whilst <19 years old	Top 3 at most recent National Championships while <18 years old	Top 2 at most recent National Championships whilst <19 years old

BMX RACE					
CATEGORY	COMPETITION PERFORMANCE	Physical / Physiological – Sleemans Physical / Physiological data to be taken into consideration but not ranked as highly as competition results			
Podium Potential	4th-8th at most recent BME* OR 2(+) 4th-8th at Elite World Cup events in previous 12 months	Male		Female	
		Ramp	Full Lap	Ramp	Full Lap
		2.5% 2.387 (min)	4.0% 37.065	4.0 2.578 (min)	6.0% 41.539 (min)
Developing	Under development by AusCycling	3.0% 2.398 (min)	5.0% 37.421	4.5% 2.591 (min)	8.0% 42.323 (min)
Emerging	Under development by AusCycling	4.0% 2.422 (min)	7.0% 38.134	5.0% 2.603 (min)	9.0% 42.715 (min)

MOUNTAIN BIKE XCO	
CATEGORY	COMPETITION PERFORMANCE
Podium Potential	Has completed 1 of the following in the last 12 months: 9th-15th at most recent BME Elite World Cup Top 15 Top 15 Elite WC standings Top 10 U23 World Championships 2(+) Top 10 U23 World Cup*
Developing	Under development by AusCycling
Emerging	Under development by AusCycling